**10 Universal Precautions of Prescribing**

**To Prevent Prescription Drug Abuse and Addiction**

1. Obtain an Accurate Diagnosis
2. Try the Less Risky Interventions First
3. Get Informed Consent
4. Urine Drug Screens
5. Assessing Risk Factors for Drug Abuse
6. Assess Functioning
7. Time Limited Trial
8. Exit Strategy
9. Periodic Reassessment

10. Prescribe Conservatively